

DISTRICT INSTITUTE OF EDUCATION AND TRAINING, SOUTH-WEST CHUMANHERA



# CLEANLINESS DRIVE 2025

01AUGUST, 2025 TO 31AUGUST, 2025-

# DAY 1- CLEANLINESS AUDIT

# Date-August 1, 2025

The Cleanliness Drive at DIET Ghummanhera began with a Campus Cleanliness Audit which was aimed at identifying areas that needed attention. Student teams were assigned to survey different parts of campus:

- 1. Hall no. 1&2
- 2. Hall no. 3&4
- 3. Laboratories
- 4. Area outside and inside the campus

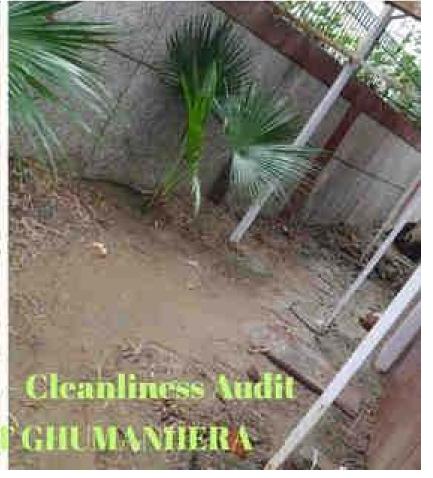
As part of the activity, each student identified two specific 'Each One, Clean One' spots - one inside and one outside the campus, for cleaning in the upcoming days.

This initial survey laid the foundation for the week's activities, providing clear direction for targeted cleanliness efforts and ensuring active participation from all students and staff.









# DAY 2 ONLINE REFLECTION

Date - 02 August 2025



1.

On the second day of the Cleanliness Drive, a zoom meeting was held for Online Reflections where students shared their audit findings, and planned an Awareness Launch for next week.

This session provided an opportunity for collaborative thinking beyond physical activities, ensuring that the principles of cleanliness become part of a student's everyday mindset. It helped students reflect on previous findings and helped them solve any issues that arose.

# DAY 3- HOME TASK

#### Date- August 3, 2025

For this activity students were assigned a Home Task, where they had to identify and record sanitation-related issues in their homes and localities. They documented:

- 1. Sources of waste generation in their surroundings
- 2. Areas needing improvement in hygiene and cleanliness
- 3. Possible community-based solutions to address the identified issues

This task encouraged students to apply observational skills and understand the practical challenges of maintaining cleanliness at grassroot level.

#### 1. GLIMPSES OF STUDENTS DOING HOME TASKS







Before

After



# DAY 4- WORKSHOP - WASTE AS RESOURCE

Date- August 4, 2025

On the fourth day of this Cleanliness Drive, students at DIET Ghummanhera created Utility Items/TLM from waste.

Students brought waste material from home and developed utility items in pairs in workshop mode.

This activity really helped with student's creativity, innovation and practical skills. It taught them Social Responsibility as they recognized their role in reducing waste and contributing to cleaner surroundings.

#### GLIMPSES OF THE WORKSHOP







# DAY 5- AWARENESS CAMPAIGN

# Date- August 5, 2025

An Awareness Campaign took place on the 5th day of Cleanliness Drive at DIET Ghummanhera where the day began with an inspiring session where selected students and faculty delivered motivational speeches on the importance of cleanliness and environmental conservation.

Students collectively took a solemn Cleanliness Pledge, committing themselves to maintaining hygiene, reducing waste, and promoting eco-friendly habits in their daily lives. To reinforce this commitment, a "Pledge Wall" was created which now stands vibrant as their dedication to sustainability.

Following the pledge, students viewed impactful environmental movies including "A Plastic Ocean" and "An Oxygen Kit". These visual presentations shed light on critical issues which sparked meaningful discussion among students, raising their awareness and encouraging proactive steps to protect the environment.







# DAY 6 - AWARENESS CAMPAIGN

#### Date- August 6, 2025

In light of the ongoing 'Delhi Freedom from Garbage' cleanliness drive, the students of DIET Ghummanhera conducted a Cleanliness Drive and Awareness Rally through the Ghummanhera Village on August 6th, 2025. The objective was to spread awareness among the residents of the Ghummanhera Village about cleanliness, dengue and malaria.

The day commenced with a motivational morning assembly, where two student speakers delivered speeches focused on:

- The importance of individual responsibility in maintaining cleanliness
- The benefits of garbage free environment
- Encouraging other to be active participants in the Cleanliness Drive

Their words inspired all students and staff to engage actively in the day's Rally and Community Outreach

Before the rally commenced, Dr. Suman, Nodal Officer for the Cleanliness Drive (DIET Ghumanhera), delivered an inspiring motivational address during the morning assembly. She emphasized the importance of collective responsibility in maintaining cleanliness and hygiene in our surroundings. Her speech encouraged all students to take pride in contributing to the "Delhi Freedom from Garbage" campaign and become ambassadors of cleanliness in their communities. Students also came prepared with self-made banners, posters, and slogan placards reflecting messages of cleanliness, hygiene, and environmental responsibility. These visually striking materials added vibrancy and impact to the rally, helping attract the attention of local residents and passerby.

Following the assembly, students marched through Ghummanhera Village, chanting slogans like:

- स्वच्छ भारत, स्वस्थ भारत !
- हमारा एक ही नारा है, भारत को स्वच्छ बनाना है।**ै**
- . हर रोग क एक दवाई, घर म रखो साफ़-सफाई।

#### The rally aimed to:

- Raise awareness among the local population about the importance of cleanliness, prevention of Dengue and Malaria
- Encourage the use of dustbins, personal hygiene and proper waste management
- Spread awareness on prevention of Dengue and Malaria
- Inspire community involvement in keeping spaces clean

# Some popular banners included:

- 1. Be the change, clean your range! 2. जन-जन को हम यही बतलाएंगे, ड गू मले रया मुक्त भारत बनाएंगे।
- 3. Clean India, Green India!
- 4. Don't start, don't continue littering, a clean country is our responsibility

The rally was not just an event, it was a step towards change. It empowered student-teachers to be social leaders and advocates of cleanliness and hygiene. DIET Ghummanhera remains committed to playing its part in achieving a cleaner, healthier, and more responsible Delhi.

#### GLIMPSES OF THE CLEANLINESS DRIVE RALLY









# DAY 7- WASTE SEGREGATION

#### Date- August 7, 2025

As part of the ongoing cleanliness drive at DIET Ghumanhera, students actively participated in an important awareness initiative focused on WASTE SEGREGATION

To promote responsible waste disposal practices, students installed Four Coloured Dustbins:

- Green for 'Organic Waste'
- Blue for 'Recyclable materials like paper, plastic and glass waste'
- Yellow for 'Radioactive or Specific Types of Hazardous waste
- Red for 'Hazardous or reject waste, Sanitary and toilet waste'

This initiative aimed to encourage proper waste management habits among peers and community members.

Additionally, an <u>Informative Video</u> was shown and a <u>PowerPoint presentation</u> was used to explain the significance of waste segregation. The session highlighted how each individual can contribute to environmental sustainability by making small but impactful changes in their daily habits.

This thoughtful activity not only enriched the students' awareness but also instilled a deeper sense of civic responsibility .

# -GLIMPSES IN TODAY'S ACTIVITY











#### DAY 8 - SHRAMDAN AND EACH ONE, CLEAN ONE

#### Date-August 8, 2025

As part of the ongoing Cleanliness Drive, DIET Ghummanhera observed the activity:

#### SHRAMDAAN-EACH ONE WILL CLEAN ONE SPOT

Students and staff members took part in an extensive cleaning initiative both inside and outside the DIET campus. The activity was based on the principle that every participant would identify and take responsibility for cleaning one spot, as per identified spots during survey audit

The cleaning drive covered:

- 1. Hall No. 1&2
- 2. Porta Cabin (Hall No. 3&4)
- 3. Laboratories
- 4. Open area inside DIET premises and outside

This hands-on initiative not only improved the physical environment of the institute but also strengthened the values of self-reliance, dignity of labour, and community service among all participants.

SOME GLIMPSES OF TODAYS SHRAMDAAN



























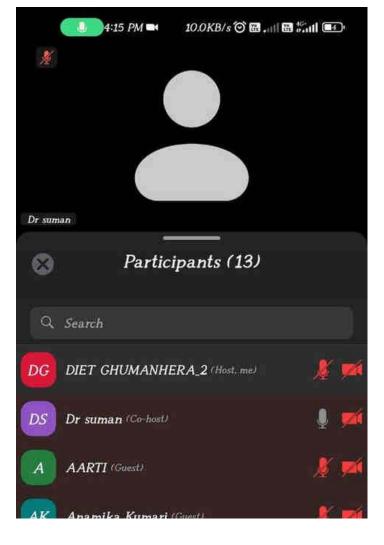


# DAY 9- ONLINE REFLECTION

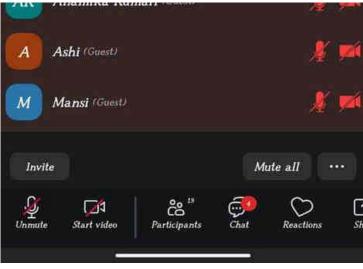
#### Date- August 9, 2025

An Online Reflections meeting was held today through Zoom where students and faculty discussed previous weeks progress and planned ahead for the activities of the next week.

It helped everyone stay organised and informed which would help in the smooth conduct of events for the next week.







# DAY 10- HOME TASK

Date-August 10, 2025

As part of the Cleanliness Drive, students were assigned to do Home Tasks to promote cleanliness at home.

This task encouraged students to apply observational skills and understand the practical challenges of maintaining cleanliness at grassroot level.

#### GLIMPSES OF STUDENTS HOME TASKS:



after





# DAY 11- CUMPUS CLEANLINESS AND AWARENESS STICKER

Date-August 11, 2025

On the 11th day of the Cleanliness Drive, students carried out cleanliness activities in various areas of the institute. They also pasted creative awareness stickers with messages like:

- 1. Keep it clean, keep it green
- 2. Earth is our friend
- 3. Stay Clean, Stay safe
- 4. A clean space, is a happy place
- 5. Throw waste in its place

This activity helped them develop a sense of responsibility towards maintaining hygiene, enhanced teamwork, and reinforced the importance of creating visual reminders to promote cleanliness.

#### **GLIMPSES OF TODAY'S AWARENESS STICKERS:**





















# DAY 12- I) SHRAMDAN - EACH ONE CLEAN ONE II)SECOND DIGITAL DETOX

Date- August 12, 2025

On the 12th day of the Cleanliness Drive, trainees engaged in Shramdaan at litter-prone areas both inside and outside the institute. Additionally a Digital Detox activity was observed, where students consciously minimised non-essential use of mobile phones for the day. This dual initiative encouraged not only physical cleanliness but also mental well-being, instilling habits of environmental responsibility and mindful technology use.

#### **GLIMPSES IN TODAY'S ACTIVITY:**









# DAY 13- REDUCE, REUSE, RECYCLE

Date- August 13, 2025

Under the ongoing Cleanliness Drive, a workshop was organised to raise awareness and brief trainees on the principles of Reduce, Reuse and Recycle. This session was conducted by Dr. **Rajesh Kumar**, former Principal of DIET Ghummanhera, who shared valuable insights and sustainable practices.

Trainees actively participated by bringing materials from home and they created Reusable Utility Items,

showcasing creativity and commitment to waste reductions.

Some Inputs from the Trainees:

1. The workshop about Reuse, Recycle, and Reduce was super enlightening. We learned practical methods to turn waste materials into handy teaching tools through interactive activities. The skilled facilitator motivated us to reconsider how we manage waste. All in all, it pushed us to take active steps towards being more sustainable!

2.The workshop about Reuse, Recycle, and Reduce was super enlightening. We learned practical methods to turn waste materials into handy teaching tools through interactive activities. The skilled facilitator motivated us to reconsider how we manage waste. All in all, it pushed us to take active steps towards being more sustainable!

~Vikash Chandra

The workshop not only enhanced the trainees' knowledge but also motivated them to integrate the 3R's into their daily lives, fostering a culture of sustainability.

#### GLIMPSES FROM TODAY'S WORKSHOP:







# DAY 14- COMPOST

First students attempted to make a compost pit in the institution garden. However, due to heavy rainfall, the live demonstration could not be completed. Instead the process of "Making a Compost Pit" was conducted digitally

The session was accompanied by an address from the Nodal Incharge, who emphasised integrating the Cleanliness Drive with the Independence Day Celebrations, highlighting the link between environmental responsibility and patriotism.

Students learned the practical process of composting, understood its benefits and recognised the connection between environmental cleanliness and national pride.

#### **GLIMPSES FROM TODAY'S ACTIVITY:**



# DAY 15- CLEAN DELHI PLEDGE

On the occasion of Independence Day, the celebration at DIET Ghummanhera began with flag hoisting ceremony, followed by an address by the Nodal Officer, Dr. Suman, who emphasised integrating cleanliness with patriotism.

All teaching and non-teaching staff members, trainees, and invited guests participated in the Cleanliness Pledge, reaffirming their commitment to make Delhi a cleaner and greener place.

Participants understood the importance of linking civic responsibility with national pride and pledged to actively contribute to keeping their surroundings clean.

#### **GLIMPSES IN TODAYS EVET:**



# DAY 16- ONLINE REFLECTION

Date-August 16, 2025

On this day, an Online Reflections Session was conducted. Students shared their thoughts and feedback on the previous week's activities, providing valuable inputs for further improvements. A discussion was held with the Nodal Officer Dr. Suman and the Principal of DIET Ghummanhera to plan the activities for the upcoming week.

Additionally, as a Sunday Home Task, students were assigned to clean spots in their homes that have a high risk of mosquito breeding, thereby contributing to health and hygiene within their households.

Students developed a reflective approach, learned the importance of planning ahead, and understood their personal role in preventing mosquito borne diseases.

#### GLIMPSES OF TODAY'S MEETING:









# DAY 17- HOME TASK

Date- 17 August, 2025

As part of the Cleanliness Drive, students carried out a home task to identify spots in their homes and surrounding areas that posed a high risk of mosquito breeding. They actively motivated their family members to participate in the drive and undertook cleaning activities, such as:

- 1. Emptying and cleaning water pots and containers
- 2. Clearing roofs and broken utensils where water had collected
- 3. Cleaning open sewerage drains
- 4. Removing unwanted plants submerged in stagnant water

Students documented their efforts by sharing before and after photos of their work. Throughout the day, Dr. Suman continuously appreciated the students efforts, which were shared digitally by the trainees.

**GLIMPSES OF HOME TASK:** 















# DAY 18- EACH ONE, CLEAN ONE

Date- 18 August, 2025

Today, trainees at DIET Ghummanhera extended the cleanliness drive with the special focus on "Each One Clean One". Under this initiative, students were encouraged to take responsibility for cleaning one spot each, inside and outside campus. Reinforcing the message that small individual actions lead to a big collective impact.

Students inspected litter-prone spots both inside and outside the campus. After identifying these areas, students actively cleaned them, ensuring visible improvement in the surroundings.

#### GLIMPSES OF TODAY'S ACTIVITY:











# DAY 19- SEMINAR

Date-August 19, 2025

On day 19 of the Cleanliness Drive, an Interactive Seminar was organized with a Public Health Expert on the theme of Sanitation and Health. The session focused on how cleanliness directly impacts personal well-being, community health, and the prevention of diseases.

During the seminar, students actively engaged in discussions and prepared Reports on key takeaways, with the aim of spreading awareness further in their campus, local communities and homes.

Additionally, a student-made video on sanitation and health, created by a first-year trainee of DIET( Shikha Chauhan) was showcased. The video served as an inspiring example of creativity and awareness, motivating peers to contribute in innovative ways towards the cleanliness mission.

#### GLIMPSES OF TODAY'S SEMINAR:











# DAY 20- NUKKAD NATAK

# Date- August 20, 2025

On day 20 of the Cleanliness Drive, students of both 1st and 2nd year jointly presented a powerful Nukkad Natak in the campus.

The theme of the performance was cleanliness, hygiene, and awareness on vector-borne diseases like dengue and malaria. Through humour, songs, and impactful dialogues, the trainees highlighted:

- 1. The importance of maintaining hygiene in daily life.
- 2. Preventive measures to stop mosquito breeding
- 3. The need for community participation

The awareness message strongly resonated, inspiring everyone to adopt cleaner practices and remain vigilant against health risks caused by poor sanitation.

#### 1. GLIMPSES FROM TODAY'S NUKKAD NATAK:















# DAY 21- COMMUNITY CLEANLINESS RALLY

Date-August 21, 2025

On the day 21 of the Cleanliness Drive, trainees actively participated in a vibrant rally carrying bold and impactful slogans on hygiene, sanitation, waste segregation, prevention of mosquito breeding, dengue, and malaria awareness. The rally created a strong visual and vocal impact, drawing the attention of community members and spreading the message of cleanliness beyond the campus.

In addition to the rally, students also staged a Nukkad Natak in the community to raise awareness about the importance of cleanliness and the diseases caused due to poor sanitation and stagnant water. The performance effectively communicated preventive measures and inspired collective responsibility.

### GLIMPSES FROM TODAY'S RALLY:







# DAY 22- SHRAMDAN- EACH ONE CLEAN ONE

Date-August 22, 2025

On Day 22 of cleanliness drive, student teams actively participated in shramdaan, dedicating their efforts towards deep cleaning different areas of the institution. The cleanliness activity covered the laboratories, lecture halls, offices, and outside premises.

1.

Through teamwork and responsibility-sharing, the students ensured that every corner was properly cleaned and maintained, creating a healthy and hygienic environment for learning.

### GLIMPSES OF TODAY'S ACTIVITY:











# DAY 23- CLEANLINESS DRIVE AT DIET GHUMMANHERA

Date-August 23, 2025

On day 23 of the cleanliness drive, Nodal Officer Dr.

Suman organized an online reflections meeting with the trainees. Students enthusiastically shared their views and experiences about the previous week's activities. They especially appreciated the Nukkad Natak performance on Thursday, which left a strong impact on spreading awareness about cleanliness and hygiene

Dr. Suman, along with the students, planned the upcoming 4th week of the cleanliness drive, ensuring smooth execution and active participation in all activities.

### GLIMPSES OF TODAY'S MEETING









## DAY 24- HOME TASK

Date-August 24, 2025

Today under the cleanliness drive, DIET Ghumanhera trainees carried out the home task of motivating and spreading awareness among their family members about the importance of waste segregation and minimising plastic waste. Trainees actively engaged their households in discussion and practical demonstrations, encouraging eco-friendly habits.

They also shared photos and videos of their work with the nodal officer, showcasing their commitments to extending the cleanliness mission beyond the campus and into their homes.

GLIMPSES OF STUDENT'S HOME TASK

# DAY 25- CLEANLINESS DRIVE AT DIET GHUMMANHERA

Date-25 August, 2025

On the 25th day of cleanliness drive, students actively contributed towards a clean and eco-friendly environment by choosing sustainable modes of transport. Many students used the Metro and Buses for commuting, while some opted for cycling, thereby reducing pollution and promoting healthy living.

At the institution, a Green Transport Awareness Quiz and Speech competition were organised by Dr. Kavita Meena. Students enthusiastically participated in both events, showcasing their awareness and responsibility towards building a pollution-free and clean environment.

### GLIMPSES FROM TODAY'S ACTIVITY:





# DAY 26- PANEL DISCUSSION

### Date-August 26, 2025

Under the cleanliness drive activity, a Panel Discussion was conducted with second-year students, led by Sanitation Officer Mrs. Sarita, on the topic "Cleanliness Drive and Long-Lasting Solutions". The session aimed at promoting awareness about Sustainable Cleanliness Practices.

Mrs. Sarita highlighted the importance of Waste Segregation, Reducing Plastic Use, and maintaining hygiene as a daily routine.

Students actively shared valuable suggestions such as composting, making eco-bricks, recycling, and initiating peer-led awareness campaigns.

The discussion emphasized that consistent small efforts can bring lasting change. The event concluded with students taking a pledge to act as cleanliness ambassadors, committed to ensuring a cleaner campus and contributing to a healthier society.

### GLIMPSES OF TODAY'S PANEL DISCUSSION:











3.

# DAY 27- CREATIVE COMPETITIONS

Date-August 27, 2025

Report - Day 27

Under the cleanliness drive activity at DIET Ghumanhera dated 27 August 2025, students participated through poem writing, poster making, and essay writing on the theme "Hygiene and Environment." The activities were conducted under the guidance of Dr. Murari Jha. Students enthusiastically expressed their creativity and awareness, highlighting the importance of hygiene in maintaining a healthy environment and disease-free society.















# DAY 28- BEST OUT OF WASTE EXHIBITION

Date- August 27, 2025

On 28/08/25 an exhibition of items prepared during workshop on 4/8/25 was organised (Best out of waste ) as part of the Cleanliness Drive activity with first-year students. The event was led by Mrs. Manju, who encouraged students to showcase their creativity by converting waste materials into useful and decorative items. The exhibition displayed innovative models made from plastic bottles, newspapers, cardboard, and other recyclable materials. The judgment of exhibition was done by Dr. Geeta along with 4 students while Dr. Suman made keen observations and provided valuable feedback The program concluded with declaration of result and appreciation for students' efforts in promoting cleanliness and sustainability through creative reuse.















# SOUTHWEST GHUMANHERA