



State Council of Educational Research and Training

(An autonomous body under Directorate of Education, Govt. of NCT of Delhi)

Varun Marg, Defence Colony, New Delhi 110024

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F.3(3)/XII(2)/SS/SCERT/2021-22/14206-13

Date: 25.02.2022

CIRCULAR

Subject: One day training for TDCs (Teacher Development Coordinator) of DOE on “How to Deal with Stress”

SCERT is going to organize one day Orientation Program for TDCs (Teacher Development Coordinators) of DOE on “How to Deal with Stress”

Our teachers have worked as Covid Warriors. They have been giving Covid Duties and managing online classes rigorously. We appreciate our teachers for the work they've put in while navigating through all the challenges of COVID. With stress levels spiking during the COVID times, this Program is designed to help our teachers understand and manage their stress better.

All the TDCs (Teacher Development Coordinator) of DOE have to attend the training as per the list attached, **and they will thereafter train the teachers of their respective schools.**

Details of the Program:

Cycle 1: 02/03/2022

Cycle 2: 03/03/2022

Cycle 3: 04/03/2022

Reporting Time: 9:45AM

Training Time: 10:00AM to 4:00PM

All officers of DoE and Principals of DOE schools are hereby requested to ensure that all the TDCs of the respective school attend the training positively.

List of schools is attached herewith.

(Dr. Nahar Singh)

Joint Director (Academic)

Date: 25.02.2022

F.3(3)/XII(2)/SS/SCERT/2021-22/14206-13

Copy to:

1. PS to Pr. Secretary, Education
2. PS to Director, Education
3. PS to Director, SCERT
4. PS to SPD, Samagra Shiksha
5. All DDE's (District and Zones)
6. OS (IT to upload on MIS)
7. WIM, SCERT
7. Guard file

(Dr. Nahar Singh)

Joint Director (Academic)

Cycle 1						
Date: 02-03-2022						
S No.	District	Zone	No. of Participants	Date	School ID	Venue
1	East	1,2	56	02.03.22	1001001, 1001002, 1001004, 1001006, 1001008, 1001009, 1001012, 1001018, 1001022, 1001023, 1001024, 1001026, 1001102, 1001104, 1001105, 1001106, 1001109, 1001110, 1001111, 1001151, 1001194, 1001196, 1001204, 1001208, 10012161002001, 1002002, 1002003, 1002004, 1002005, 1002006, 1002007, 1002008, 1002010, 1002012, 1002013, 1002014, 1002175 1002015, 1002016, 1002020, 1002022, 1002023, 1002024, 1002025, 1002026, 1002027, 1002028, 1002029, 1002031, 1002032, 1002033, 1002034, 1002036, 1002037, 1002039,	SKV Shakarpur No 2 1002193
2	North East	4	43	02.03.22	1104001, 1104002, 1104003, 1104004, 1104005, 1104006, 1104007, 1104008, 1104009, 1104010, 1104011, 1104012, 1104014, 1104015, 1104017, 1104018, 1104019, 1104020, 1104021, 1104022, 1104023, 1104024, 1104025, 1104026, 1104027, 1104028, 1104029, 1104142, 1104143, 1104149, 1104150, 1104151, 1104153, 1104261, 1104262, 1104335, 1104336, 1104400, 1104406, 1104417, 1104418, 1104419, 1104420	SKV E BLOCK NAND NAGRI 1106113
3	North East	5	46	02.03.22	1105001, 1105002, 1105003, 1105004, 1105005, 1105006, 1105007, 1105008, 1105009, 1105011, 1105013, 1105014, 1105015, 1105017, 1105018, 1105019, 1105020, 1105021, 1105022, 1105023, 1105024, 1105025, 1105026, 1105028, 1105029, 1105107, 1105108, 1105109, 1105110, 1105111, 1105112, 1105113, 1105114, 1105115, 1105116, 1105117, 1105229, 1105236, 1105238, 1105239,	SKV E BLOCK NAND NAGRI 1106113

					1105241, 1105242, 1105246, 1105247, 1105248, 1105249	
4	North	7,8	65	02.03.22	1207004, 1207005, 1207008, 1207009, 1207011, 1207012, 1207013, 1207014, 1207015, 1207016, 1207017, 1207019, 1207022, 1207027, 1207032, 1207033, 1207034, 1207035, 1207036, 1207037, 1207038, 1207039, 1207041, 1207042, 1207043, 1207107, 1207108, 1207109, 1207110, 1207111, 1207112, 1207113, 1207114, 1207116, 1207117, 1207230, 1207236, 1207255, 1207259 1208001, 1208002, 1208004, 1208006, 1208010, 1208011, 1208013, 1208014, 1208015, 1208016, 1208017, 1208018, 1208021, 1208023, 1208025, 1208027, 1208029, 1208030, 1208090, 1208091, 1208092, 1208095, 1208219, 1208229, 1208232, 1208233	GSV LANCER ROAD 1207032
5	North West A	9	56	02.03.22	1309001, 1309002, 1309003, 1309004, 1309005, 1309007, 1309008, 1309010, 1309011, 1309012, 1309013, 1309017, 1309022, 1309023, 1309024, 1309025, 1309026, 1309027, 1309028, 1309030, 1309031, 1309032, 1309033, 1309034, 1309036, 1309124, 1309125, 1309126, 1309127, 1309128, 1309129, 1309130, 1309167, 1309253, 1309254, 1309255, 1309256, 1309257, 1309258, 1309259, 1309260, 1309261, 1309262, 1309263, 1309264, 1309265, 1309266, 1309267, 1309268, 1309269, 1309270, 1309271, 1309272, 1309273, 1309274, 1309279,	SV ROHINI SECTOR 6 1413004
6	North West B	11,12	43	02.03.22	1411001, 1411002, 1411003, 1411005, 1411007, 1411008, 1411009, 1411011, 1411014, 1411015, 1411016, 1411017, 1411019, 1411021, 1411022, 1411026, 1411027, 1411028, 1411029, 1411030, 1411031, 1411032, 1411034, 1411035, 1411037, 1411038, 1411040, 1411041, 1411042, 1411043, 1411046, 1411123, 1411124, 1411125, 1411178 1412001,	SKV PRASHANT VIHAR 1413067

					1412002, 1412005, 1412006, 1412007, 1412008, 1412009, 1412011,	
7	South	24	36	02.03.22	1923080 1923351 1923393 1925032 1925333 1720026 1720031 1720173 1923003 1923014 1923015 1923018 1923020 1923023 1923026 1923027 1923031 1923033 1923038 1923042 1923048 1923052 1923059 1923061 1923062 1923063 1923064 1923069 1923070 1923079 1923081 1923354 1923355 1923358 1923359 1923360	SV DAKSHINPURI EXTENSION 1923351
8	West B	18	42	02.03.22	1618001 1618002 1618003 1618004 1618005 1618006 1618008 1618009 1618010 1618015 1618016 1618017 1618018 1618019 1618020 1618021 1618022 1618057 1618058 1618059 1618060 1618061 1618062 1618063 1618064 1618065 1618067 1618070 1618072 1618191 1618192 1618193 1618264 1618267 1618269 1618270 1618277 1618278 1618281 1618312 1618314 1618316	SKV AMALVAS JAWALAPURI 1617036

Cycle 2						
Date: 03-03-2022						
S No.	District	Zone	No. of Participants	Date	School ID	Venue
1	North West B	12	44	03.03.22	1412013, 1412014, 1412016, 1412018, 1412019, 1412022, 1412024, 1412025, 1412026, 1412027, 1412029, 1412030, 1412031, 1412033, 1412035, 1412079, 1412080, 1412082, 1412083, 1412084, 1412085, 1412086, 1412087, 1412088, 1412089, 1412090, 1412091, 1412092, 1412093, 1412095, 1412130, 1412131, 1412132, 1412133, 1412248, 1412253, 1412254, 1412258, 1412259, 1412288, 1412289, 1412290, 1412291, 1412295	SKV PRASHANT VIHAR 1413067
2	West A	14,15,16	59	03.03.22	1514003, 1514004, 1514005, 1514006, 1514008, 1514011, 1514012, 1514013, 1514014, 1514016, 1514017, 1514018, 1514019, 1514021, 1514022, 1514023,	GBSSS HARI NAGAR CLOCK

					1514110, 1514112, 1514116 1515001, 1515002, 1515003, 1515004, 1515005, 1515006, 1515007, 1515010, 1515017, 1515018, 1515019 1515021, 1515022, 1515023, 1515024, 1515025, 1515026, 1515028, 1515029, 1515030, 1515139 1516002, 1516003, 1516010, 1516011, 1516013, 1516017, 1516018, 1516019, 1516021, 1516022, 1516025, 1516027, 1516030, 1516068, 1516104, 1516140, 1516141, 1516142, 1516143	TOWER 1514112
3	West B	17	41	03.03.22	1617001, 1617002, 1617003, 1617004, 1617005, 1617006, 1617007, 1617008, 1617009, 1617010, 1617011, 1617012, 1617013, 1617014, 1617015, 1617017, 1617018, 1617019, 1617021, 1617024, 1617025, 1617026, 1617027, 1617028, 1617029, 1617030, 1617032, 1617033, 1617035, 1617036, 1617037, 1617137, 1617211, 1617214, 1617219, 1617222, 1617223, 1617227, 1617254, 1617255, 1617258	SKV AMALVAS JAWALAPURI 1617036
4	South West A	19,20	41	03.03.22	1719001 1719002 1719005 1719006 1719010 1719022 1719027 1719029 1719030 1719070 1719073 1719101 1719102 1719104 1719105 1719125 17191301720001 1720002 1720003 1720005 1720008 1720010 1720014 1720015 1720017 1720018 1720021 1720022 1720023 1720024 1720027 1720028 1720029 1720030 1720032 1720033 1720034 1720121 1720174 1720181	SV RK PURAM SECTOR 6 1719070
5	South West B	21	50	03.03.22	1821001 1821003 1821004 1821005 1821006 1821007 1821010 1821014 1821015 1821016 1821017 1821018 1821020 1821022 1821024 1821025 1821026 1821027 1821028 1821029 1821030 1821031 1821032 1821033 1821034 1821035 1821036 1821037 1821038 1821039 1821041 1821136 1821137 1821203 1821204 1821206	G CO ED SV SEC 13 DWARKA 1821281

					1821234 1821237 1821242 1821244 1821279 1821280 1821281 1821282 1821285 1821286 1821290 1821291 1821292 1821293	
6	South East	25,29	49	03.03.22	1924001 1924003 1924004 1924005 1924009 1924014 1924018 1924023 1924025 1924027 1924031 1924032 1924033 1924037 1924038 1924039 1924041 1924042 1924043 1924044 1925003 1925005 1925029 1925033 1925049 1925052 1925059 1925246 1925334 1925335 1925418 1925437 2026005 1923346, 1923357, 1925002, 1925006, 1925007, 1925009 1925011 1925012 1925014 1925015 1925016 1925017 1925020 1925024 1925027 1925031	SV DAKSHINPURI EXTENSION 1923351
7	East	2	61	03.03.22	, 1002177, 1002180, 1002181, 1002182, 1002183, 1002184, 1002185, 1002186, 1002187, 1002189, 1002190, 1002191, 1002192, 1002193, 1002195, 1002196, 1002197, 1002198, 1002199, 1002263, 1002350, 1002351, 1002352, 1002354, 1002360, 1002362, 1002363, 1002367, 1002368, 1002369, 1002399, 1002400, 1002401 1003001, 1003002, 1003003, 1003004, 1003007, 1003009, 1003012, 1003013, 1003024, 1003025, 1003026, 1003027, 1003028, 1003030, 1003033, 1003034, 1003035, 1003036, 1003152, 1003153, 1003202, 1003204, 1003205, 1003260, 1003261, 1003264, 1003265, 1003267	SKV SHAKARPUR NO 2 1002193

Cycle 3						
Date: 04-03-2022						
S No.	District	Zone	No. of Participant s	Date	School ID	Venue
1	South	23	36	04.03.22	1719013 1719069 1719103 1719106 1923004 1923005 1923008 1923009 1923010 1923011 1923012 1923013 1923016 1923017 1923019	SV RK PURAM

					1923021 1923036 1923037 1923041 1923044 1923045 1923046 1923047 1923050 1923051 1923055 1923056 1923057 1923058 1923060 1923065 1923066 1923068 1923071 1923072 1923078	SECTOR 6 1719070
2	North East	6	43	04.03.22	1106001, 1106002, 1106003, 1106004, 1106005, 1106006, 1106007, 1106009, 1106010, 1106011, 1106012, 1106014, 1106018, 1106019, 1106020, 1106021, 1106022, 1106023, 1106024, 1106025, 1106026, 1106112, 1106113, 1106114, 1106115, 1106116, 1106117, 1106118, 1106119, 1106120, 1106122, 1106123, 1106252, 1106256, 1106258, 1106259, 1106261, 1106263, 1106264, 1106265, 1106279, 1106281, 1106282	SKV E BLOCK NAND NAGRI 1106113
3	North West A	9,10	56	04.03.22	1309280, 1309296, 1309301, 1309302, 1309305 1310002, 1310004, 1310005, 1310007, 1310008, 1310009, 1310010, 1310014, 1310015, 1310017, 1310019, 1310022, 1310025, 1310026, 1310030, 1310031, 1310032, 1310033, 1310034, 1310036, 1310039, 1310041, 1310042, 1310043, 1310045, 1310049, 1310157, 1310161, 1310164, 1310166, 1310168, 1310169, 1310170, 1310247, 1310395, 1310399, 1310400, 1310407, 1310408, 1310409, 1310410, 1310411, 1310414, 1310415, 1310420, 1310429, 1310430, 1310431, 1310458, 1310460, 1310467	SV ROHINI SECTOR 6 1413004
4	North West B	13	47	04.03.22	1413001, 1413002, 1413003, 1413004, 1413006, 1413009, 1413010, 1413011, 1413013, 1413016, 1413019, 1413022, 1413023, 1413025, 1413026, 1413027, 1413028, 1413030, 1413067, 1413069, 1413070, 1413071, 1413074, 1413075, 1413076, 1413077, 1413078, 1413079, 1413181, 1413266, 1413267, 1413268, 1413284, 1413316, 1413317, 1413318, 1413319, 1413320, 1413323, 1413333, 1413336, 1413340, 1413341, 1413342, 1413344, 1413345, 1413346	SKV PRASHANT VIHAR 1413067
5	South West B	22	48	04.03.22	1822002 1822003 1822004 1822005 1822006 1822007 1822009 1822010 1822012 1822013 1822014 1822015 1822024 1822025 1822027 1822028 1822031 1822033 1822037 1822039 1822040 1822044 1822047 1822048 1822050	G CO ED SV SEC 13 DWARKA 1821279

					1822051 1822055 1822056 1822057 1822058 1822059 1822060 1822061 1822063 1822064 1822065 1822066 1822176 1822177 1822178 1822245 1822247 1822249 1822257 1822258 1822262 1822263 1822301	
6	New Delhi, Central	26,27 ,28	43	04.03.22	2026002 2026003 20260042127001 2127002 2127003 2127004 2127005 2127006 2127007 2127014 2127015 2127016 2127017 2127018 2127020 2127021 2127023 2127024 2127025 2127026 2127027 2127030 2127031 2127032 2127034 2127179 2127180 2128001 2128002 2128006 2128007 2128008 2128014 2128018 2128019 2128020 2128021 2128023 2128025 2128031 2128032 2128140	SV MORI GATE NO 1 1207022
7	South East	29	48	04.03.22	1925035 1925037 1925038 1925039 1925040 1925041 1925042 1925045 1925046 1925048 1925050 1925051 1925053 1925054 1925055 1925056 1925057 1925058 1925060 1925061 1925062 1925190 1925247 1925248 1925249 1925250 1925339 1925340 1925341 1925342 1925345 1925353 1925356 1925359 1925360 1925399 1925400 1925401 1925402 1925403 1925404 1925430 1925431 1925432 1925438 1925439 1925440 1925442	SV DAKSHINPU RI EXTENSION 1923351