



स्वाध्यायान्मा प्रमदः

STATE COUNCIL OF EDUCATIONAL RESEARCH AND TRAINING
(An Autonomous Organization of Education Department, GNCT of Delhi)
VARUN MARG, DEFENCE COLONY, NEW DELHI- 110024

<https://scert.delhi.gov.in>

F.No.INSET/DIETRN/PGTPhyEdu/2026-27/7076-86

Date:03/09/2026

CIRCULAR

Subject: Five Days Continuous Professional Development Programme for PGT Physical Education.

SCERT Delhi is organizing a five days Continuous Professional Development Programme for PGT Physical Education of the Directorate of Education, GNCTD.

Objectives:

1. Apply scientific principles of biomechanics, sports training, planning and periodisation, and physical fitness assessment to enhance students' movement efficiency, performance, and overall fitness.
2. Implement safe, healthy, and supportive practices by applying knowledge of injury management, child protection, POCSO, yoga, mental health, and well-being in school settings.
3. Integrate innovative pedagogies and digital technologies to create engaging, learner-centred, experiential, and technology-enabled physical education experiences aligned with NEP 2020.
4. Develop essential life skills and 21st-century competencies, including leadership, collaboration, communication, resilience, decision-making, and financial literacy, to support students' holistic development and lifelong well-being

Schedule of the program:

Cycle I	:	7th - 11th September, 2026
Cycle II	:	14th -18th September, 2026
Cycle III	:	21st -25th September, 2026
Timings	:	09:30 am to 4:00 pm
Reporting Time	:	9:00 am

S.No	Description	Link	QR Code
1	List of Participants	https://11nk.dev/3i47aoy	

Concerned authorities are hereby requested to ensure that all participants must attend the training program without fail.



Dr. Mukesh Yadav
HoO/Secretary

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Copy to:

1. PS to Secretary (Education), Chairperson SCERT, Delhi.
2. PS to Director (Education), DoE, GNCTD.
3. PS to Director (SCERT), Delhi
4. Addl DE (Schools), School Branch DoE, GNCTD.
5. Principal of Concerned DIETs
6. Nodal Officer INSET Cell
7. Subject Nodal Incharge.
8. S. O. Acad, SCERT Delhi
9. OS (IT to upload on MIS)
10. WIM SCERT Delhi.
11. Guard file



Dr. Mukesh Yadav
HoO/Secretary