



STATE COUNCIL OF EDUCATIONAL RESEARCH AND TRAINING
(An Autonomous Organization of Education Department, Govt. of NCT of Delhi)
VARUN MARG, DEFENCE COLONY, NEW DELHI - 24

F. No.3 (3)(iii)/SCoL/SCERT/25-26/ 8109-20

Date: 07/08/25

CIRCULAR

Subject: One-Day Training Program of Science Of Living Program for Master Trainers

The **Science of Living Programme** is a holistic educational initiative of the **Directorate of Education, GNCT of Delhi**, designed to integrate **self-awareness, emotional well-being, ethical values, resilience, and social responsibility** into the everyday learning experiences of students from **Kindergarten (KG) to Grade 12**.

SCERT, Delhi is conducting a **One-Day Training Programme for Master Trainers** who will be instrumental in cascading the programme to educators at various levels.

Objectives of the Training:

1. To orient Master Trainers on the core philosophy, vision, and structure of the Science of Living Programme.
2. To build their capacities for effective facilitation and delivery of experiential and reflective modules.
3. To equip trainers to model and promote the values and practices embedded in the programme.

Schedule of Program:

Date	- 11 th August 2025
Reporting Time	- 9:00 AM
Training Time	- 09:30 AM to 4:30 PM
Venue	- B.Ed Wing, SCERT Delhi
Duration (in days)	- One Day

List of Participants is attached in the Annexure - A

Concerned authorities are hereby requested to ensure that all participants must attend the programme without fail.

(Dr. Mukesh Yadav)
Secretary/HoO

Copy to:

1. PS to Secretary (Education)/Chairperson SCERT, GNCTD
2. PS to Director (Education) DoE, GNCTD
3. PS to Director (SCERT)
4. Addl DE (Schools), School Branch, DoE
5. DDE EVGC, DoE
6. Nodal Officer, Science of Living Programme
7. Nodal Officer, INSET Cell
8. Principal of concerned DIETs/B.Ed. Division
9. S.O. Academics
10. OS (IT to upload on MIS)
11. Web Information Manager, SCERT
12. Guard file


(Dr. Mukesh Yadav)
Secretary/HoO

ANNEXURE - A

①

S. No.	NAME OF RPs	Designation	Employee ID	School Name	School ID	Contact No.	Email ID
1	Sanjay Kumar Tiwari	TGT	20101086	SBV West Vinod Nagar	1002005	9013855486	CORAcademicunit@gmail.com
2	Aditi Bhasin	TGT English	20111684	SKV Vijay Nagar	1309167	9811725724	aditi.dellhimat@gmail.com
3	Aman Mehta	EVGC	20222264	Padam Nagar-SKV	1208018	8882270507	amevgc@gmail.com
4	Amir Khan	EVGC	20192402	Rajokari-GBSSS	1720028	9667140955	amirsouth2191@gmail.com
5	AMIT KUMAR	EVGC	20222270	Mohan Garden-GBSSS No.1	1618072	8183818368	amitdhankher99@gmail.com
6	AMIT KUMAR SHUKLA	EVGC	20240977	Hastal, Janta Flats- SBV	1618281	7052013090	evgcpeeragarhi@gmail.com
7	Anjana	EVGC	20232024	Dwarka, Sector III(1st Site)- GBSSS	1821237	9953856000	anjanachhillar@gmail.com
8	Dr. Ankit Kumar Shrivastava	PGT Hindi	20182131	GBSSS Rithala		9891654169	coreacademicunit@gmail.com
9	Anuradha Yadav	PGT Hindi	20132028	SV Kitchner Road	2026002	9711197974	anukosalija@gmail.com
10	Arfa Khan	EVGC	20201653	Mukund Pur Village - GGSSS	1207230	9821421987	arfa.amu@gmail.com
11	Ashima	TGT English	20228425	SOSE, Sector-22, Dwarka	1821282	9891890348	ashsoc99@gmail.com
12	Bharti	TGT N.Sc	20227507	Govt Coed SSS No.1 Shakurpur	1411125	9540443316	bharti.rememberr@gmail.com
13	Deep Chand Bairwa	EVGC	20192397	R.K. Puram, Sector 7, No.3-SV	1719022	9829622820	deepbadri0@gmail.com
14	Deepak Kumar	EVGC	20192390	Khajoori Khas-SBV	1104002	9709211187	kdeepak356@gmail.com
15	Deepika	EVGC	20200745	Palam Village No.2 SKV	1821015	9717863514	sabharwal.deepika09@gmail.com
16	Durga Lal Dayma	EVGC	20196112	Janak Puri, Block D-SBV	1720027	9782352545	Nicedayma311@gmail.com
17	Dr. Gaurav Sharma	TGT Maths		FU Block Pitampura		9350508165	
18	Gitika Kohli	EVGC	20195626	GBSSS, AYA NAGAR	1923354	9098759232	gitikak26@gmail.com
19	Hemendra Mohan Khan	TGT Social Science	20192411	Sarvodaya co Ed SSS, I P Extn	1002189	8076779730	coreacademicunit@gmail.com
20	Jyotsna	EVGC	20200083	Begumpur, MMTC/STC Colony-S(Co-ed)V	1923057	8860361659	Jyotsna.12194@gmail.com
21	Kalpna	TGT N.Sc	20110915	GSBV No.1, D Block Janakpuri	1720027	9350965225	kkaalpanaa13@gmail.com
22	KRITIKA SHARMA	EVGC	20240693	Vikas Puri, Block A-SKV	1618062	8287890830	sharmakritika3101@gmail.com
23	Kusum	EVGC	20195619	Shankaracharya Marg, Shahed Bhai Bal Mukand-SV	1207008	9899073462	Ksmparjapati@gmail.com
24	Lavraj Issar	EVGC	20192751	SBV NITHARI VILLAGE	1412092	9582111932	hos1412092@gmail.com
25	Lalit Sharma	TGT Hindi	20190656	RSBV GANDHI NAGAR	1003012	9312208997	lalit1003012@gmail.com
25	Lisha	EVGC	20192523	Nangloi-GGSSS	1617021	9255999430	Lisha.yishu@gmail.comNA
26	Malvika Joshi	EVGC	20192670	Ishani Govt. Sarvodaya Kanya Vidyalaya G-BLOCK SAKET	1923036	9971550793	malvikajoshi.counsellorevgc@gmail.com
27	Manju	EVGC	20225642	Palam Enclave, No.1-SKV	1821018	9971841547	manju.birhman.7@gmail.com

28	Manoj Kumar Surela	EVGC	20192387	Mahipal Pur-GBSSS	1720029	9887962047	surelamanoj@gmail.com
29	Mansi Gupta	EVGC	20192504	Paschim Vihar, B 4-SV(Co-ed)	1617008	9582995868	Maani.gupta09@gmail.com
30	Mary Rajnee Toppo	EVGC	20232026	Malviya Nagar-SKV	1923046	9811847643	mrjane@ gmail.com
31	MEHAQ CHANDNA	EVGC	20232907	Uttam Nagar-SKV	1618057	9891250090	mehaqevgc@gmail.com
32	Moti Chand Prajapati		20081742	GCSV Sec-17 Dwarka	1821279	9968751240	doemtmc@gmail.com
32	Monika	EVGC	20197282	Bawana J. J. Colony No.1 GGSSS	1310414	7428402553	monika197282@gmail.com
33	NARENDAR KUMAR SEHARAWAT	EVGC	20192731	Janakpuri, Possangipur B1-SV(Co-ed)	1618003	8882722573	227657.seharawat@doe.delhi.gov.in
34	Nilofar	TGT Natural Science	20170115	GGSSS VIJAY PARK	1104029	9711139962	nilofar.irfan@gmail.com
35	Nisha K Nair	EVGC	20192600	Lancer Road Near Maal Road	1207032	8860965424	nishanair57@gmail.com
36	Parminder Kaur	TGT English	20200510	SKV ANAND VIHAR	1001009	9899909641	parminderkaurdoemt@gmail.com
37	PALAK GOEL	EVGC	20192708	Shakarpur, No.2-SKV	1002193	8826358101	palakgoel09@gmail.com
38	POOJA	EVGC	20224763	Janakpuri -SKV No.1,C-Block	1618017	9999672151	evgcpoojasharma@gmail.com
39	Pooja Chahal	EVGC	20231359	Dwarka Sector-6 Govt.(Co-ed)SSS(Site-1)	1821206	9643998686	2706pooja.chahal@gmail.com
40	Preeti Singhal	TGT Maths	19980065	GBSSS No 1, Adarsh Nagar	1309013	9891840048	253118.singhal@doe.delhi.gov.in
41	Preeti	EVGC	20197285	Shahabad Dairy- GGSSS	1310025	8750950401	Pahalpreeti21@gmail.com
42	Priya Sharma	TGT Hindi	20131544	GGSSS Kanti Nagar	1001024	9873509455	sharmapriya2002@gmail.com
43	Priyanka Kumari	EVGC	20192713	Janakpuri, Block A-SKV	1618018	8750042500	priyankarsaghlawat@gmail.com
44	Rajat Kumar Jonwal	EVGC	20222281	Malviya Nagar-GBSSS	1923010	9953620257	rajatjonwal1993@gmail.com
45	RK Singh	TGT N.Sc	19960892	GBSSS NO 1 Mohan Garden	1618072	8920121624	rks.singh26773@gmail.com
46	Rajnish M	EVGC	20222208	Bijwasan, Bharthal Road , GBSSS	1821032	8112213807	evgcrajnishm@gmail.com
47	Ramanpreet Kaur	EVGC	20232906	Moti Nagar- SKV	1516018	9899387825	ramanpreet.kaur9300@gmail.com
48	Rashika Badgujar	EVGC	20231366	Pushp Vihar, M.B.Road-GGSSS	1923055	8377914238	badgujarrashika@gmail.com
49	Richa Chahal	PRT	20160770	Govt Coed SSS No.1 Shakurpur	1411125	9540443316	bharti.remember@gmail.com
50	Richa Sakhuja	TGT Natural Science	20200352	SCSDSV Sector 9 Rohini	1413010	8178931301	richasethi1786@gmail.com
51	Samreen	PGT Pol.Sc	20220748	GGSSS Panama Building	2127023	9910459331	samreen66@gmail.com
52	SANCHITA SRIVASTAVA	EVGC	20192654	Mayur Vihar, Phase I, Pkt.IV-SKV	1002036	9654423254	srivastavasanchita16@gmail.com
53	Sandeep	EVGC	20222206	Nangloi-SBV	1617002	9996250500	sandeepdhaka666999@gmail.com
54	Sanjeev Sharma	TGT Hindi	20082295	GSBV Poothkalan	1412007	9205100248	desanjeevsharmadoe@gmail.com

55	SARBJEET KAUR	EVGC	20192648	New Kondli-GGSSS	1002186	9650628908	sarb86@gmail.com
56	Savita Chaudhary	EVGC	20225641	Yamuna Vihar, Block C, No.2-SKV	1104024	9910095236	Savysingh07@gmail.com
57	Dr. Sharda Kumari	Retd. Principal, DIET RK Puram		Retd.Principal, DIET RK Puram		9811156540	1991shardakumari@gmail.com
58	SHOBHA ATAL	EVGC	20224383	Anand Vihar-SKV	1001009	9873729074	dr.shobhaatal1685@gmail.com
59	SHRADHA GAUR	EVGC	20224360	Mandawali, No.3 - SKV	1002190	9560288677	shradha3692@gmail.com
60	SHUBHAM KUMAR PRAJAPATI	EVGC	20222266	Tukhmipur-GBSSS	1104261	9212904673	Prajapati.shubh22@gmail.com
61	SNIGDHA MADAAN	EVGC	20224359	Rajouri Garden Main -SKV	1515022	9013330573	snigdhamadaan@gmail.com
62	SONALI SAINI	EVGC	20224373	Chander Nagar-SKV	1003025	9818600894	sonalisaini342@gmail.com
63	Sujata Mudgal	EVGC	20192655	Vasant Kunj- GGSSS	1720026	8305065743	mudgal.sujata@gmail.com
64	Sujit kumar	EVGC	20192733	Dwarka Sector-1Pkt-7 SBV	1821234	8090812906	sujitkumarpsy8090@gmail.com
65	Sumit Kumar	EVGC	20229014	Gokalpur Village-GBSSS	1104004	9015883734	sumitevgc@gmail.com
66	Sunaina Singh	EVGC	20232905	Shastri Nagar-SKV	1208095	9815435332	sunainaohlyan@gmail.com
67	Sunil Kumar	EVGC	20222271	Timar Pur-SBV	1207012	9992455445	sunilmadhad@gmail.com
68	Sunita Rana	TGT Hindi	20131094	GGSSS Sector A6 pkt 2 Narela	1310410	7015847894	narela1310410@gmail.com
69	Swati Raj	English Educator		Narratives for peace		9560406250	swatirajsgiu@gmail.com
70	SURYAKANT MALHOTRA	EVGC	20222288	Preet Vihar, Govt. Co-Ed Senior Secondary School	1002351	9582343913	malhotra.suryakant@gmail.com
71	Tarun Mishra	TGT Social Science	20192411	GBSSS Mukundpur	1207236	9911411168	coreacademicunit@gmail.com
72	Vakeel Ahmad	PGT Sp.Ed	20160970	GBSSS GHAZIPUR	1002362	9368772315	set0970delhi@gmail.com
73	Vandana	TGT Hindi	20190991	GGSSS Madanpur Khadar	1925404	9958990514	1980india@gmail.com
74	Varun	EVGC	20222287	Dr. Ambedkar Nagar, Sector IV, No.1- SBV (Yogi Arvind)	1923005	9953937325	varun9899@gmail.com
75	Vijeyata Chauhan	EVGC	20240687	Bindapur-G(co-ed)SSS	1618191	8700441688	vijeyatachauhan@gmail.com
76	VS Parmar	TGT Maths	20100745	GSBV,RANI JHANSI ROAD,N DELHI.	2128008	9818806920	viren1110@yahoo.com
77	Yogita	PGT PHYSICS	20100332	GGSSS, SU Block, Pitam Pura, Delhi	1411041	9910930802	coreacademicunit@gmail.com