

## **Report**

**5-DAYS' NATIONAL EXPOSURE  
TO BENGALURU FOR MENTOR  
TEACHERS OF MCD, DLEHI.**

**DATES: 24 SEPTEMBER, 2023:  
TRAVEELING DAY**

**25-29 SEPTEMBER, 2023:  
VISITS TO EDUCATIONAL  
INSTITUTIONS AND  
ATTENDING SESSIONS  
(BLENDED MODE)**

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**Accompanying Faculty: Sh.  
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**Day: 1**

**Date: 24/09/2023**

The 17 mentor teachers of MCD along with one School Inspector and 2 Assistant Professors reached Bangaluru by air in the morning. The flight was comfortable and all the arrangements were good. After resting for some time, we visited local market in the

evening. It was beautiful experience and we explored various shops, saw some handicraft and traditional goods.

**Day: 2**

**\*Place visited: Anweshana**

**Montessori House of  
Children, Bengalure.**

**(Group A&B)**

**Date: 25/09/2023**

Visit to Anweshana  
Montessori House of Childre

left us with a favourable impression of the school system. The school promotes holistic child development through the Montessori method by using latest Montessori equipment and facilities. They promote hands-on-experience, emphasis on individualised instruction and allows children to learn at their own pace.

The teacher in the class works as helper, guide, facilitator and

keen observer which help students in exploring new things and learning at their own pace.

**Other observations like:**

No uniform, no assembly, close to nature, happy and stress-free environment, practical learning, multi-lingual approach.

\*Place visited: Annaswamy

Mudaliar Academy

(Group C,D)

The school was started with the moto of "equal opportunity" for all. The school is child friendly and use Montessori approach in primary sections with dedication.

Inclusive education is being practiced in the school. CWSN are provided with necessary support and required therapies. In the school students learn at their own pace in mixed groups

according to the activities which interest them. Children are encouraged to move freely and work independently. Teachers often act as guides, offering support when needed.

The atmosphere promotes concentration, exploration, and a sense of community among the students, emphasizing hands-on activities, and promote a child-centred approach. They

encourage self-discovery and often have mixed-age classrooms to facilitate peer learning.

**Day: 3**

**Session by: Ms. Latha Rao**

**Topic: Role of freedom in learning**

**Date:26/09/2023**

The session was a very insightful one. It starts with what freedom is?

\*It focused on:



- Holistic and integrated learning.
- plan of development.
- Freedom and limitations.
- Development of innate potential.
- Self-discipline.
- work on every type of behaviour
- Holistic approach of Montessori method of teaching.

The participants could not visit any educational institutions as Bengaluru

**Day: 4**

**\*Place visited: Diya Ghar  
(NGO) (Group A&B)**

**Date: 27/09/2023**

Diya Ghar, a non-governmental organisation, is located in Bengaluru. The purpose of this visit was to understand the strategies, impacts and to access opportunities in education.

Montessori method and activity-based method are used. (Student are made to sit in segregated group - age group 4 and were engaged in writing mechanics of English, Hindi and Kannada (3 language writing) while age group 2/3 were engaged in free play.

- Other observations:
- School run by NGO.
- seating arrangement on mats.

- They work on empathy, excellence.
- provide Montessori inspired education, nutrition, safety and security.
- Ensure parents involvement.
- Works for migrant children.

\*Place visited: Malaya Aditi International School (Group C,& D)

The school has well organised set-up and infrastructure where all the activities are

conducted for the students with separate course and curriculum. The school follows the principle of learning by doing and students were engaged in different activities. The classrooms were well equipped with advance technology, separate sport complexes, and art-music rooms. There was broad range of extra-curricular activities catering to diverse student interests and talent. Regular

meetings and voluntary activities were in the curriculum of the school for the active participation of the parents.

Equal weightage is given to co-curricular activities. Individual attention is being given to each and every child by the method of team teaching. Three teachers were teaching in the collaboration. School is providing hands on training and stress-free

atmosphere to the student by teaching in small groups.

**Day: 5**

**Place visited: BeMe school**

**Date: 28/09/2023**

Be Me is totally unbelievable School. School similar to Vishwabharti School started by Ravindranath Tagore.

This is an experimented school here. Faculty believes on student freedom, child centred education without any

stress, freedom of mind, heart and head. They believe in dynamic teaching. Method of teaching based upon the interest, need, ability and mental development of children.

Only activity-based learning is used till class 8 and doesn't promote rote learning. The environment was close to nature-calm, disciplined, self-motivated and promote learning by doing.



## **Day-6**

**Date: 29/09/2023**

Due to "Karnataka Bandh called by parties on the issue of Cauveri Water Issue", we left for the airport in the early morning at 4. At around 11.00 am, we debriefed our groups at the airport itself and discussed on what can be taken from this experience to benefit our schools, and also how to implement the ideas with current challenges. With

such 'out of the blue experience' to stay at the airport waiting for more than 12 hours, we boarded the plane to return to our place blissful.

Overall, it was a beautiful journey and a spectacular experience. We learned a lot and will dive deep into the matter and will try to adapt these activities in our schools for betterment of children.













\*The photographs of the schools/classes were not



allowed to be clicked as it  
would breach the privacy of  
the teachers and the students.