

A) General Information: -

1. Name of the Institute: DIET Ghumenhera

2. Details of the Investigator(s):

Name	Designation	Place of posting at the time of project completion	Present place of posting	Contact No	E-mail
Dr Meena Sehrawat	Missing	DIET Ghumenhera	missing	missing	dietghumenhera@yahoo.com
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3. Project/ Study Conducted Academic Session: 2008-2009

4. Institute where Project/Study submitted: DIET Ghumenhera

5. Theme of the Project/Study: Physical and health education

6. Level of the study: School

B) Summary of the Conducted Research work/Project/Study: -

1. Title: A Study of Children's Responses to Mid-Day Meal of Primary Schools of District South West, Delhi

2. Introduction: : The study revealed the children's responses towards Midday meals

Research Objectives: .

1. To study the status of Breakfast/Lunch of the students before coming to schools.
2. To study the perception of students on daily menu chart of MDM.
3. To study the perception of students satisfaction on MDM distributed.
4. To study the impact of MDM on students' performance in schools.

3. Research Design:

- **Research method(s):** Five schools were purposively selected by the investigators from the M.C primary schools of district south west B. The data were collected by survey method from the sample of 809 students of 5th class using student's perception questionnaire.

4. **Research findings:** : Result of the study indicated that- majority of students took their breakfast/lunch before coming to school, nearly fifty percent of students were aware of MDM menu and large numbers of them were fond of puri-sabzi followed by Rajma-Chawaal, Chholay Chawaal, Pulaab. Nearly sixty percent of Mid –Day meals in schools were served before lunch break, majority of students were satisfied with proportion or quantity and taste of meals served to them, majority of students felt that they used to come school only for Mid-day Meal and were able to concentrate more on studies after getting meals.
5. **Educational implications:** Responses of students on Mid-day meal can improve the quality of mid-day meal served to them and it is very an important indicator to enhance the performance of the students.

6. **Scope of the study:** Sample size and qualitative study may be conducted