

REPORT OF NATIONAL EXPOSURE VISIT (NET): JORHAT (ASSAM)

Details of the Programme:

Name of Programme: National Exposure Visit of Mentor Teachers & other officials

Date of Travel: 07 March 2022 to 11 March 2022

Itinerary, Location Visited: JORHAT (ASSAM)

No. of Proposed Participants: 29

Coordinator: - Dr. Sonu Lal Gupta (Assistant Professor)

Overall Coordinator- Dr. V. K. Pathak, Nodal Officer, INSET

Objective of the Programme:

1. Explore the best practices in the field of education.
2. Cultural exchange among educators of various states.
3. Improvement of teacher's motivation and enthusiasm.
4. acquaintance with various social cultural ethos in India.
5. Promotion of national unity and integration.

Day 1: 07/03/2022

Visited BOSCO INSTITUTE, JORHAT (FARM2FOOD ORGANIZATION).

The members of the organization Annesha Goswami, Krishnali Hazarika, Basudev Doley, Sunil Saikia, Wasima Begum and many more from the organization welcomed us and gave a brief description of their organization, courses, and the ongoing projects.

THE MOST IMPORTANT TAGLINE WHICH ATTRACTS US:

- It does not matter how you come here the thing matters is how you go from here.
- Being Poor is not a scene.

Projects:

• FARM2FOOD (NON-PROFIT SOCIAL ENTERPRISE)

- ✚ Farm2Food'S objective is to provide the training and tools which will enable local communities to take control of their own production and development processes in order to build a productive, change-oriented, and self-reliant society.
- ✚ The focus is on organic farming, Nutrition Value, and integration of farming with education to create farm & food entrepreneurs among the young people for a prosperous & peaceful North East India.
- ✚ They described the process of making of vermi-composte and growing of small garden at school level by the students (especially from class 6,7,8).

✚ They introduced some activities for students to make them aware of gardening and described the gardening tools by associating them with the curriculum.

YOUTH INVOLVES PROGRAM

- This program teaches students to get involved with the people and help students in getting/achieving their dreams.
- The Institute also Awards 1 lakh rupee for their dream start-up.
- FARMPRENEUR

✚ Under this project, they provide the training and tools for taking up sustainable, farm-based livelihoods. By engaging in farm and food entrepreneurship, individuals and households become self-dependent, and children who have enough nutritious food to eat attend school more, and perform better. By selling the products that they create (such as vermi-compost), farm-pruners are able to generate income, and eventually invest in education and nutrition in their communities. Further by practicing sustainable organic farming techniques, the environment around these communities' benefits, enabling future generations to thrive.

NOTE: - The schools have included a one day schedule in their timetable for gardening with the help of the FARM2FOOD team. But even in their absence, teachers guide the students about gardening and teach the topics like plant transportation, photosynthesis, roots, and nutritional value of the foods etc with the help of gardening and plants.

They also introduced a few concepts like:

✚ MOBILE LIBRARY

✚ MOBILE SCIENCE LAB

✚ ADOLESCENT LEADERSHIP PROGRAM

✚ COMPREHENSIVE SEXUALITY EDUCATION (FOR GIRLS)

GOLAGHAT TAMUL PLATE PROJECT.

✚ This project is all about replacing plastic plates, cups, bowls with biodegradable plates, cups, and bowls (made up of leaves).

✚ After this, we visited a village where they teach us how to create "vermi-compost" and "Raised beds" for gardening.

2 Glows of the Day:

1. To introduce FARM2FOOD concept in the schools of Delhi.
2. Try to introduce the concept of biodegradable plates, cups etc to make Delhi plastic free.

1 Glow of the Day:

In Eco-club we do gardening at school level but we do not associate it with the curriculum. So will try to incorporate the concept of FARM2FOOD, where students can learn and earn by learning the process of gardening.



Day 2: 08/03/2022

Visited Mohanating Chariapathar Mishing Gaon High School where we were warmly welcomed by HoS, teachers as well as students. After a short meeting with HoS and teachers we went to the school garden and made a vermicompost box. We visited the place where community lunch is prepared for students. Afterwards, students and teachers gave cultural presentations and enjoyed themselves a lot.

We shared various interventions of the Delhi government such as happiness curriculum and Emc, DeshBhakti curriculum with our host. the mindfulness activity and the energizer done by us that was liked and appreciated by all the participants. The students and teachers presented Bihu, Jhumar and Tea Tribal dance and in return, Bhangra was done by us for cultural exchange.

We presented the painting and bookmark to HOS as a goodwill gesture. Hospitality of HOS and staff was so heart touching. As a gesture of our gratitude, we also presented some gifts to the students.

Students were really happy to meet all of us. After that we enjoyed mid-day meal in

School. It was really a very enriching and learning day for us. We learnt about many good practices of this school.

Grow of the day- formation of students committee by democratic way

Concepts of community kitchen to give ownership to community and parents in school learning environment

Day 3: 09/03/2022

“It’s better to see something once than to hear about it a thousand times.”

-On our day 3 of NET to Assam we reached Bosco Institute Jorhat in the morning at 9:30 am. We were all very excited and we’re looking forward to the day.

-Farm 2 Food Foundation team welcomed by giving Assamese Gamcha to everyone as a token of respect and love. Our team had an interesting and informative interaction with members of CHILD AID NETWORK Mr Jonas and Mr Bose regarding their work which focuses on Education in NE states. Philosophy they follow is: Don’t implement projects but collaborate with locals. Use of second language as teaching medium in school, many areas difficult to reach and network issues in many areas emerged as major challenges.

-Lab in the box idea is of great help to the students. With this portable lab Students were able to understand science in an easy and interesting way.

-Under Jagrik community activity by Farm 2 Food Foundation, group was divided into 4 teams and they enacted the task with some theme and social message of their choice from the given card like doha recitation and nukkad natak etc.



-After the lunch group was divided into two teams and our team visited Delineating Tea Estate,

-After the lunch group was divided into two teams and our team visited Delineating Tea Estate, when we met Tea Garden Labour (TGL) community, we were touched by their warm welcome.

- Observed their vermi-compost making practices and vegetables grown in raised beds. We were touched by their warm welcome

Day 4: 10/03/2022

Today we reached Malowali h. Sec. School

It was established in 1953 by freedom fighter Gulab kakoti with the help of the community. And the name of the founder principal was Hati ram borah. From 1980 the government started helping this school.

At present total no. of students is 400 and out of which 210 are studying in Higher secondary. No. of staff members is 27 and members are from NHQSP.

Name of the current HOS is Shyamolima Bora who is associated with NUEPA. Farm to food foundation is also working with this school.

A village is also adopted by this school.

She welcomed us with great enthusiasm in her school. After having a small introduction with her we interacted with students and staff where they welcomed us with their traditional Gumaccha.



A PPT of school and the song prepared by students on personal health and hygiene was displayed.

After that our team introduced them to the Delhi government education system. During explaining about happiness curriculum live practice of Mindfulness was done with students and the whole staff including HOS which was later appreciated by everyone and they also want to practice it their school regularly.

A beautiful culture dance programme was also performed by students.



Then we proceeded to their garden where vegetables for their mid-day meal and other plants were grown by students. Our team provided a hands-on practice of making bed and



vermi-compost to students.

After that we explored the whole school where we can see the beautiful art and craft work done by the students and later on, a mid-day meal was also served to us, which was very nutritious and hygienic.

After that again we had a personal interaction with teachers where we asked about their academic and 4 other challenges and also tried to provide a solution for it.

Dropout rate is the biggest challenge they are facing.

After a formal see off, we end today's visit to school.

We next proceeded to Swargadeo Chaolung Siu-Ka-Pha Memorial Building. The Great Tai Prince entered Assam on 2nd December 1228. He established the Ahom Kingdom by declaring Capital at Cherai-doi in 1253 A.D. This kingdom covered the whole of Brahmaputra valley.

It has a colourful heritage museum consisting of various historical ingredients and the handloom and craft centre.

This visit to the building and the museum has enriched our knowledge of culture and history

Day 5: 11/03/2022

We went to Majuli Island and we visited the Mask making community and 'Yarn work' like preparing handlooms and making thread from silk. Beautiful handloom items were available there like sarees. We observed weaving clothes, and handloom. where we learnt what can be extracted as:

- Learned from them how the people from the tribal community could earn their livelihood.
- Culture, and nature have to be preserved to message our young ones
- Social and emotional adaptation.
- We went to the Mask making community to see how the mask are prepared. Some important aspects are:
 - Requirements of material like soil and cow dung are mixed.
 - Making their dresses.
 - These masks are used for depicting the different characters from epics in festivals and other celebrations.
 - Using a knife to give the statue a 3D effect.
- Interaction with SSA Program manager. We met with Mr. Parash. We interacted with each other regarding Assam and as well as the Delhi government.

Some highlights of the meeting are given below:

- Introduced folk dances of Assam, various communities, living in the area, and festivals.
- We introduced Mentorship (roles and responsibilities).
- Started to debrief about Delhi Government on-going programs like EMC, Happiness, Deshbhakti, SMC, Mission Buniyaad, Reading campaign, Desh ke mentors, SOSE, DMVS, DBSE etc.
- We presented him painting and bookmark as a creative work by Delhi Government school students.

List of the Participants

S.NO	NAME OF THE EMPLOYEE	SEX	POST HELD	EMPLOYEE ID
1	ANIL KUMAR SINGH GREWAL	MALE	LECTURER HINDI	20051411
2	ANKIT SHARMA	MALE	TGT NATURAL SCIENCE	20196458
3	ANURADHARANI	FEMALE	TGT SOCIAL SCIENCE	20140259
4	ARUN KUMAR BHARTI	MALE	TGT MATHS	20073072
5	ASHA MASSEY	FEMALE	TGT NATURALSCIENCE	20101460
6	EKPREET KAUR	FEMALE	TGT MATHS	20036103
7	GAURAV MISHRA	MALE	TGT MATHS	20111464
8	HEMLATA	FEMALE	TGT SOCIAL SCIENCE	20190376
9	JYOTI RAWAT	FEMALE	TGT MATHS	20112144
10	KARSHAN KUMAR	MALE	TGT HINDI	20162537
11	KIRAN	FEMALE	TGT NATURALSCIENCE	20130768
12	KUMAR RAVI RANJAN	MALE	TGT SOCIAL SCIENCE	20196450
13	KUSUM JOSHA	FEMALE	LECTURER HISTORY	20130975
14	MADHUBALA	FEMALE	TGT ENGLISH	20190072

15	MANISH KUMAR MEENA	MALE	TGT SOCIAL SCIENCE	20170472
16	MANOJ KUMAR	MALE	TGT HINDI	20082320
17	MUKESH JAIN	MALE	TGT MATHS	20102389
18	NAMITA KALRA	FEMALE	TGT HOME SCIENCE	19970775
19	PARMINDER KAUR	FEMALE	TGT ENGLISH	20200510
20	PREETI NANDA	FEMALE	LECTURER MATHS	19960587
21	RAMESHWAR UPADHYAY	MALE	LECTURER HISTORY	19990739
22	SANDEEP KUMAR PANCHAL	MALE	TGT SOCIAL SCIENCE	20190953
23	SANJAY KUMAR	MALE	LECTURER MATHS	20081589
24	SATNAM SINGH	MALE	TGT ENGLISH	20197349
25	SHASHI RANJAN	MALE	TGT COMPUTER SCIENCE	20180362
26	SUDHA	FEMALE	TGT NATURAL SCIENCE	20195787
27	VIKRAM SINGH	MALE	TGT NATURAL SCIENCE	20111019
28	REENA SINGH	FEMALE	TGT NATURAL SCIENCE	20132011
29	SONU LAL GUPTA	MALE	SCERT COORDINATOR	

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